

SHAC Meeting Minutes

Date of meeting: April 27,2021

Start: 3:50 pm

End: 4:20 pm

Documentation of Attendance and Quorum:

Jennifer Baggett-Chair for SHAC, Ella Smith-Child Nutrition liaison, Jessica Welsh-Director of Child Nutrition, Tina Boyd-Jr. High Counselor, Sylvia Mora-District Nurse/Elementary Nurse, Belinda Chacon-Jr.High/HS Nurse, Cathy Patterson-Teacher, Tatyana Patterson-Parent/Teacher, Aida Castillo-Jr.High Librarian, Heather Bailey-Girls Coach for Jr. High, Rico Bailey-Boys Coach for Jr.High, Jaime Ingram-Parent/Jr.High Principal, Michelle Beeson MD-District Physician,

•Health Education

- Continue to wear masks and practice hand washing and use of hand sanitizer.
- STEAM fair-Health education table: Vaping dangers, Covid immunization information, mental health flyers and school immunizations information for the fall.

•Healthy and Safe School Environment

- Seniors will have a CPR/Stop the bleed class on 5-7-2021.

•Counseling and Mental Health Services

Pecan Valley is still coming to HS campus every Monday. They will do a series of classroom presentations on stress and anxiety to our 9th, 10th and 11th grade. They will present a life lessons training to our seniors in May.

•Parent and Community Involvement

- The Vine Medical Center-covid 19 shots flyers and pre paperwork printed at the meeting.Moderna Covid vaccines available at Ft.Worth office:682-250-5700

•Staff Wellness Promotion

- Covid immunizations; Staff is able to take off during school hours to obtain Vaccine.
- Advanced CPR Training will provide training meetings for staff

•Health Services

- Narcan available in High School
- AED service provided by Advanced CPR Training
- 2nd plus optix machine purchased for vision screenings

•Physical Education

- Fitness grams in progress

•Nutrition Services

- School Lunch Hero Day- May 7th
<https://www.youtube.com/watch?v=6ra1MIKIYB0&t=55s>
- Elementary will have a Lunch Hero Book added to the library

Other Issues/ Question, Comments, Concerns

- The next meeting will be on June 1, 2021 at 3:45-4:45 pm at HS Cafetorium.
- We will be discussing next year's goals and reviewing the Wellness Policy.