

# HIGH SCHOOL ATHLETICS

## KEENE CHARGERS ATHLETIC SCHEDULE

### HIGH SCHOOL BOYS ATHLETICS

SPORT	11/30/20	12/1/20	12/2/20	12/3/20	12/4/20	12/5/20
<b>BASEBALL</b>	NO WORKOUT	OFF-SEASON WORKOUT	OFF-SEASON WORKOUT	OFF-SEASON WORKOUT	OFF-SEASON WORKOUT	
	6:45am - 7:15am Weights	6:45am - 7:15am Aux work	6:45am - 7:15am Weights	6:45am - 7:15am Aux work	7:15am - 7:45am Conditioning	
	7:15am - 8:20 Baseball	7:15am - 8:20 Baseball	7:15am - 8:20 Baseball	7:15am - 8:20 Baseball	7:45am - 8:20am Baseball	
				4:00-5:30 pm Open field at SWAU		
<b>BASKETBALL</b>	PRACTICE	PRACTICE	PRACTICE	PRACTICE	PRACTICE	SHOOT AROUND
	6:00AM-8:20AM	6:00-8:20AM	6:30-8:20AM	6:00AM-8:20AM	6:00-8:20AM	6:00 PM
	VARSITY - HS GYM / JV - JH GYM	VARSITY - HS GYM / JV - JH GYM	VARSITY - HS GYM / JV - JH GYM	VARSITY - HS GYM / JV - JH GYM	VARSITY - HS GYM / JV - JH GYM	VS IDEA (KEENE HS)
		VS BROCK (KEENE HS)				V - 8:00PM
<b>CROSS COUNTRY</b>	WORKOUT	WORKOUT	WORKOUT	WORKOUT	WORKOUT	
	Var - 7:00am-8:20am	Var - 7:00am-7:50am	VAR - 8:00AM-8:20	VAR - 7:00AM-8:20AM	VAR - 7:00AM-8:20AM	
	JV - 8:00am-8:20am	WEIGHTS 7:50AM-8:20AM	VAR - 11:00AM-3:00PM	JV - 8:00AM-8:20AM	JV - 8:00AM-8:20AM	
		JV - 7:50am-8:20am	JV - 8:00AM-8:20AM			
<b>SOCCER</b>	PRACTICE	PRACTICE	PRACTICE	PRACTICE	PRACTICE	
	7:30am - 8:20am Strength/Conditioning	7:30am - 8:20am Strength/Conditioning	7:30am - 8:20am Strength/Conditioning	7:30am - 8:20am Strength/Conditioning	7:30am - 8:20am Strength/Conditioning	
		3:30pm - 5:30pm Soccer Field	3:30pm - 5:30pm Soccer Field	3:30pm - 5:30pm Soccer Field	Afternoon off	

### HIGH SCHOOL GIRLS ATHLETICS

SPORT	11/30/20	12/1/20	12/2/20	12/3/20	12/4/20	12/5/20
<b>BASKETBALL</b>	2:45-4:40	GAME VS CASTLEBERRY	2:45-5:00	2:45-5:00	2:45-4:30	
	JV(JH GYM)	FR-5:00(JH), JV-6:15(JH)	JV(JH GYM)	JV(JH GYM)	JV(JH GYM)	
	VARSITY (HS GYM)	VAR 7:30(HS)	VARSITY (HS GYM)	VARSITY (HS GYM)	VARSITY(HS GYM)	
<b>OFFSEASON</b>	MEET @ FIELD HOUSE-8TH	MEET @ FIELD HOUSE-8TH	MEET @ FIELD HOUSE-8TH	MEET @ FIELD HOUSE-8TH	MEET @ FIELD HOUSE-8TH	