

JUNIOR HIGH ATHLETICS

KEENE CHARGERS ATHLETIC SCHEDULE

JUNIOR HIGH BOYS ATHLETICS

SPORT	8/10/20 - MONDAY	8/11/20 - TUESDAY	8/12/20 - WEDNESDAY	8/13/20 - THURSDAY	8/14/20 - FRIDAY	8/15/20 - SATURDAY
CROSS COUNTRY	3:40-4:20PM - STUDY HALL	3:40-4:20PM - STUDY HALL	3:40-4:20PM - STUDY HALL	3:40-4:20PM - STUDY HALL	3:40-4:20PM - STUDY HALL	
	4:30-6:00PM - WORKOUT	4:30-6:00PM - WORKOUT	4:30-6:00PM - WORKOUT	4:30-6:00PM - WORKOUT		

JUNIOR HIGH GIRLS ATHLETICS

SPORT	8/10/20 - MONDAY	8/11/20 - TUESDAY	8/12/20 - WEDNESDAY	8/13/20 - THURSDAY	8/14/20 - FRIDAY	8/15/20 - SATURDAY
CROSS COUNTRY	PRACTICE 3:30 - 4:30 PM	PRACTICE 6:30 - 7:15 AM	PRACTICE 3:30 - 4:30 PM	PRACTICE 3:30 - 4:30 PM	PRACTICE 3:30 - 4:30 PM	RECOVERY RUN
		WEIGHTS/LIFT 3:30 - 4:30 PM				ON YOUR OWN
VOLLEYBALL	3:30-4:30 JH Condition (Track)	3:30-4:30 JH Condition (Track)	3:30-4:30 JH Condition (Track)	3:30-4:30 JH Condition (Track)	5TH PERIOD ONLY	
	4:30-6:00 JH VB (JH Gym)	4:30-6:00 JH Volleyball (JH Gym)	4:30-6:00 JH VB (JH Gym)	4:30-6:00 JH VB (JH Gym)		