

Blue Access for Members (BAMSM)

The participant portal lets your employees get information about their health benefits anytime, anywhere.

OVERVIEW

BAM puts a wealth of resources at your employees' fingertips. They can access BAM from their computers, phones or tablets. Participants and their covered dependents over 18 can register for a BAM account.

FEATURES

With BAM, participants can:

- use Provider Finder to search for an in-network health care provider, hospital or pharmacy
- request or print ID cards
- check the status or history of a claim
- view or print Explanation of Benefits statements
- use the Cost Estimator Tool to find the price of hundreds of tests, treatments and procedures
- download the BCBSTX App

HOW IT WORKS

It's Easy for Participants to Get Started! They just:

1. Go to www.bcbstx.com/trsactivecare.
2. Click **Log In**.
3. Use the information on their BCBSTX ID card to sign up. **If they haven't received their ID card, they can call a Personal Health Guide at 1-866-355-5999 to get their ID number or a temporary ID card.**

Or, participants can text* **BCBSTXAPP** to **33633** to get the BCBSTX App that lets them use BAM while they're on the go. Participants will have all their benefits information, tools and resources whenever and wherever they need it.

**Message and data rates may apply.*



FOR MORE INFORMATION

www.bcbstx.com/trsactivecare

Call a Personal Health Guide at
1-866-355-5999, 24 hours a day, seven days a week.

Why it matters?

Participants can find information about their health plans and benefits all in one place. This makes it easier and simpler to manage their health and wellness.

ID Card Information

Participants can find helpful information about available resources on their BCBSTX ID cards and accompanying materials.

OVERVIEW

All ID cards display participants' ID numbers and plan names, as well as their coverage start date. If a participant's plan requires a PCP, their doctor's name will also be on the ID card. Participants can also find copay information and the phone number for Personal Health Guides on their ID cards. In addition to ID cards, participants will receive a card carrier and mail insert with helpful information about their health plan.

FEATURES

Card Carriers

Card carriers have helpful information about the Personal Health Guides available to TRS-ActiveCare participants.

Mail Inserts

Mail inserts have information about changing their PCP or enrolling in BAM. The topic of the mail insert depends on which plan participants selected during Annual Enrollment.

HOW IT WORKS

TRS-ActiveCare HD & TRS-ActiveCare 2 Mail Insert Information

Blue Access for Members – Participants are provided with information on how to sign up for BAM, the BCBSTX secure website. With BAM, participants can:

- locate a doctor or hospital in their plan's network
- view benefit details
- check status or history of a claim
- go paperless by updating their preference
- view or print Explanation of Benefits statements
- request a new ID card or print a temporary one

TRS-ActiveCare Primary & TRS-ActiveCare Primary+ Mail Insert Information

How to select or change a PCP – Participants are given instructions on how to select or change their PCP. If TRS-ActiveCare Primary and TRS-ActiveCare Primary+ participants don't use their PCP for routine medical care, get referrals from their PCP before they see specialists, or use in-network providers, they won't have coverage.

Card Carrier Information

Welcome!

You have a Personal Health Guide* to help you make the most of your benefits, get cost estimates, find a doctor and more at **1-866-355-5999**.



*Personal Health Guides offer cost estimates for various providers, facilities and procedures. Savings are dependent on the provider or facility you choose.

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